

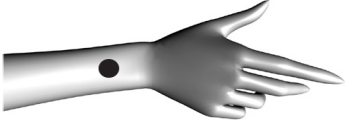






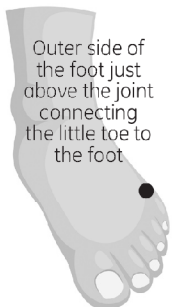




7pm – 9pm	P 8  At the center of the palm where the tip of the 3rd finger rests when making a fist	7am – 9am	St 36  Below the knee just outside the shin bone
9pm – 11pm	TW 6  Between the bones of the forearm, three thumb-widths above the wrist	9am – 11am	Sp 3  Inner side of the foot, above the joint connecting the big toe to the foot
11pm – 1am	GB 41  On top of the foot between toes four and five where the bones meet	11am – 1pm	H8 On the palm of the hand where the tip of the little finger rests when making a fist 
1am – 3am	LV 1  Base of nail bed on little toe side of big toe	1pm – 3pm	SI 5  On the little finger side of the wrist
3am – 5am	L8  Slightly above the thumb side of the wrist crease	3pm – 5pm	BL 66  Outer side of the foot just above the joint connecting the little toe to the foot
5am - 7am	LI 1  Base of nail bed on thumb side of index finger	5pm – 7pm	K 10  On the inner back of the leg just above the knee crease